

Newsletter

18th January 2023

Hi everyone. Welcome back and Happy New Year!

We have had a great start to the year. The children have been telling us all about their holidays and Christmas presents. We are looking forward to warmer weather but in the mean time please remember to wrap your child up in warm clothes as we will be going outside to play.

The children will be focusing on mathematical development this term, they will be:

- sorting different objects
- talking about differences and similarities eg. the lines on leaves or shapes of train tracks
- looking out for patterns all around us eg. on jumpers or patterns on signs and packaging.
- counting out objects and actions
- counting during action songs and finger rhymes

Please look out for information on Seesaw about how to help your child with early mathematical learning.

Emma
(Headteacher)

SNACK

We provide a healthy snack for all of the children in both the morning and afternoon session. We would really appreciate it if our families can help us to continue providing this by:

- ♦ Donating £5 a term or
- ♦ Donating apples, oranges or bananas

We are very grateful for anything you can contribute.



SEN STAY AND PLAY SESSIONS

We will be hosting some Special Educational Needs (SEN) Stay and Play sessions. Bring your child and join Carrie, Paula and an SEN professional from the Early Years Team. This is an opportunity for you to talk about any concerns you may have in a relaxed environment. This is open to anybody in the local community.

Friday 27th January at 9.00am to 10.30am

Friday 3rd March at 9.00am to 10.30am

Friday 5th May at 9.00am to 10.30am

If you would like to come along please let us know. Call 01209 713607.

JOIN OUR GOVERNING BODY

We are looking for new governors. If you would like to be part of our governing body please talk to Emma or Carrie. We need you to help us make plans for the future but also challenge us on our practice and policies.

<https://www.governorsforschools.org.uk/app/uploads/2018/10/The-role-of-a-school-governor.pdf>

PLEASE HELP US

Children are mixing up shoes and wellies. If you could please write your child's name on their welly boots and on the insoles of their shoes this will help us at the end of the session.



HELP YOUR CHILD WITH COMMUNICATION

If you have a child aged 2 years or under and would like to find out how to help them with their language and vocabulary we have a group for you.

The group is on Monday 2.00pm to 2.45pm.

Please speak to Tamsin and have a look at

<https://literacytrust.org.uk/programmes/first-words-together/>



**First Words
Together**

CORNWALL MUSIC SERVICE TRUST

We are very lucky to work alongside the Cornwall Music Service Trust. For the next 20 weeks on a Monday afternoon, we will have 2 musicians playing alongside the children in the nursery. Rachel will be leading singing and musical activities with the children. Deb is a music therapist who will work with some individual children. Rachel said,

"You may hear your child talk about the music, or sing new songs at home! We'll be asking about the songs and music the children already like. And for your consent to photos too. We both work with Cornwall Music Service Trust."



MAKATON

Help



Snow



TWO LITTLE DICKY BIRDS

*Two little dicky birds sitting on a wall
One named Peter, one named Paul
Fly away Peter, fly away Paul
Come back Peter, come back Paul*



STAY AND PLAY AT CAMBORNE NURSERY SCHOOL

We run a Stay and Play session for children aged 0-3yrs.

- ♦ Tuesday at 1.15pm to 2.30pm.
- ♦ Thursday at 9.15am to 10.30am.

£1.50 a session.

Fun, exploration, singing, outdoors, play, messy activities and chat. Booking essential. Phone Debbie to book on 01209 713607.



JANUARY IS A TIME TO LOOK AFTER YOURSELF

<https://www.annafreud.org/parents-and-carers/self-care-for-parents-and-carers/>



TERM DATES

13th to 17th February 2023

Half term (nursery closed)

3rd to 14th April 2023

Easter holidays (nursery closed)

Monday 1st May

Bank holiday (nursery closed)

29th May to 2nd June

Half term (nursery closed)

Tuesday 25th July

Last day of term

December 2022

Mon		5	12	19	26
Tue		6	13	20	27
Wed		7	14	21	28
Thurs	1	8	15	22	29
Fri	2	9	16	23	30
Sat	3	10	17	24	31
Sun	4	11	18	25	

January 2023

Mon		2	9	16	23	30
Tue		3	10	17	24	31
Wed		4	11	18	25	
Thurs		5	12	19	26	
Fri		6	13	20	27	
Sat		7	14	21	28	
Sun	1	8	15	22	29	

February 2023

Mon		6	13	20	27	
Tue		7	14	21	28	
Wed	1	8	15	22		
Thurs	2	9	16	23		
Fri	3	10	17	24		
Sat	4	11	18	25		
Sun	5	12	19	26		

March 2023

Mon		6	13	20	27
Tue		7	14	21	28
Wed	1	8	15	22	29
Thurs	2	9	16	23	30
Fri	3	10	17	24	31
Sat	4	11	18	25	
Sun	5	12	19	26	

April 2023

Mon		3	10	17	24	
Tue		4	11	18	25	
Wed		5	12	19	26	
Thurs		6	13	20	27	
Fri		7	14	21	28	
Sat	1	8	15	22	29	
Sun	2	9	16	23	30	

May 2023

Mon		1	8	15	22	29
Tue		2	9	16	23	30
Wed		3	10	17	24	31
Thurs		4	11	18	25	
Fri		5	12	19	26	
Sat		6	13	20	27	
Sun		7	14	21	28	

June 2023

Mon		5	12	19	26
Tue		6	13	20	27
Wed		7	14	21	28
Thurs	1	8	15	22	29
Fri	2	9	16	23	30
Sat	3	10	17	24	
Sun	4	11	18	25	

July 2023

Mon		3	10	17	24	
Tue		4	11	18	25	
Wed		5	12	19	26	
Thurs		6	13	20	27	
Fri		7	14	21	28	
Sat	1	8	15	22	29	
Sun	2	9	16	23	30	

August 2023

Mon			7	14	21	28
Tue		1	8	15	22	29
Wed		2	9	16	23	30
Thurs		3	10	17	24	31
Fri		4	11	18	25	
Sat		5	12	19	26	
Sun		6	13	20	27	

THINGS IN THE LOCAL COMMUNITY

EVENTS AT CAMBORNE LIBRARY

Rhyme time every Wednesday at 10.30am—11.00am

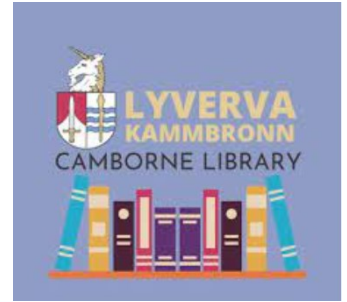
Storytime every Saturday at 10.30am

Knit and natter every Friday 10.00am

Lego club every Tuesday at 3.30pm

Book Group 3rd Wednesday of every month at 2.00pm

Poetry for Pleasure 1st Tuesday of every month at 10.00am



WESLEY CHAPEL TODDLER GROUP

A fun-filled session with toys, crafts and songs. The session costs £2 and includes a drink and a small snack for the child and a drink for the adult.

Session Times: Mondays and Tuesdays 9.30am - 11.00am and 1.15pm - 2.45pm

https://cambornewesleymethodists.co.uk/images/website_c_fw_icon_pdf_10102021.pdf

FOOD BANK

Look what's happening at the food bank. If you need any food parcels speak to Emma.

<https://en-gb.facebook.com/TransformationCPR/>



Community Hub at the foodbank provides extra support to clients on Tuesday at 1.15pm to 3.30pm.





**CORNWALL
COUNCIL**
one and all • onen hag oll

Together 
for Families

Do you have a child born **between 1 September 2018 and 31 August 2019?**

If so, you will need to apply for a place in a reception class in September 2023 for that child by the deadline of **15 January 2023**.

Please note: you will need to apply even if your child attends a school's nursery or pre-school class. If a school is oversubscribed the fact that a child attends a school's nursery or pre-school, or a local nursery or pre-school, does not automatically guarantee a place at that school. The school's oversubscription criteria will be used to allocate places. Visit our website or contact us for more information.

Visit www.cornwall.gov.uk/admissions for more information and to access the online application system

Need help with your application?

Contact the Family Information Service on **0800 587 8191**

The
deadline for
applications is
**15 January
2023**



www.cornwall.gov.uk



THE
WRITERS'
BLOCK

OPENING WEEK
28 JANUARY -
6 FEBRUARY 2023

THE WRITERS' BLOCK EVENTS FOR CHILDREN

THE LADDER, 2-4 CLINTON ROAD, REDRUTH

After months of painting and hammering, designing and making, we are overjoyed to announce a week of activities for all the community to celebrate the re-opening of The Writers' Block in Redruth. Below are the events suitable for younger children.

Open Day

Visit the new immersive Writers' Block space, plus drop in activities with artists and writers, performances by The Story Republic and plenty of tea and cake.

Saturday 28 January | 10-3pm
Free event

Little Story Seekers

Story, song and craft session for pre-school children with Jo Lumber.

Monday 30 January | 11-12pm
Free event

Drop in session for under 8s

Drop in story, song and craft session for children with Jo Lumber.

Monday 30 January | 4-5.30pm
Free event

Meet the author with children's writer Anna Wilson

A special writer event for children aged 7-11. Anna is the author of many children's books including The Wide Wide Sea and 2023 Nature Month by Month, A Children's Almanac.

Friday 3 February | 4-5.30pm
Free - booking essential

For more details and events for older children and adults please visit:

thewritersblock.org.uk/events



KEAP



Early Help Newsletter – Spring 2023

Free information,



support and guidance for Parents and Carers

Parenting Support Courses

We offer interactive parenting courses both online and face to face. Service requests can be made through the Early Help Hub.

www.cornwall.gov.uk/earlyhelphub

The courses available are:

- Being Passionate About Parenting - Early Years 1 - 3 years (3 x 1½ hours)
- Being Passionate About Parenting - 4 - 11 years (3 x 2 hours)
- Being Passionate About Parenting with basic introduction and an awareness to ADHD - 5 – 11 years (3 x 2 hours)
- Being Passionate About Parenting with a basic introduction and awareness about the "Spectrum" 5 – 11 years (3 x 2 hours)
- Being Passionate About Parenting – The Teenage Brain 12 -17 years (3 x 1½ hours)
- Take 3 – Supporting Teenagers 12 – 17 years (5 x 2 hours virtual or 10 x 2 hours face to face)

Following completion of Take 3 you can book for an optional session). All 2 ½ hours via the EHH.

- Introduction to Teenagers with Sensory Challenges
- Introduction to Teenagers with Traits of ADHD
- Introduction to Teenagers with Autistic Traits

Just for Dads

You can also find information tailored just for you on the Family Information Service –

www.supportincornwall.org.uk/fordads



Need help?

Contact the Early Help Hub on 01872 322277 for support, advice and guidance.

If you have immediate concerns or are worried about a child or young person's safety, please telephone the Multi Agency Referral Unit (MARU) on 0300 123 1116

For further updates and information on what's happening in your area visit us on Facebook:

www.facebook.com/TFFCornwall

Future Highlight

Autism Cafe Cornwall



For Parents/Carers run by Parents/Carers
This group hold regular meet ups offering an opportunity to speak, be heard, meet and support whilst enjoying tea/coffee and biscuits.

Find them on Facebook or email

Autismcafecornwall@gmail.com for information about meet ups.

Positive Parenting Bitesize

If you would like to be able to talk in confidence and meet other parents experiencing similar challenges, come along. All sessions run from 12:30pm to 2:30pm

Tuesday 24 January 2023 - Healthy Lifestyle and Preparing for Pregnancy and Parenthood

Tuesday 28 February - Wild young parents and dads

Tuesday 21 March – Guest speaker Tigger Pritchard about Autism and Neurodiversity

Tuesday 18 April – Passionate About Being Calm

To get your Microsoft Teams link for the session contact:
julie.attwell@cornwall.gov.uk

Want to support and understand your child's emotions as well as your own. Why not attend SPACE Supporting Parents and Children Emotionally request your space through the Early Help Hub.



Let's Talk
Teenagers!

Let's Talk Teenagers' webinars set up to help parents and carers understand and support their teenagers to navigate the challenges of today's world.

The sessions are being run on:

Tuesday 21 February

Tuesday 28 February

Tuesday 7th March

The Eventbrite link will be sent out through schools and organisations. The 90-minute sessions will be delivered on Teams, and a free booklet will accompany the online event, which will be sent out to delegates afterwards.



Useful Website Links

Provides useful links to other areas of support.

www.cornwall.gov.uk/health-and-social-care/childrens-services/early-help/useful-websites-for-early-help/

Family Information Services

For useful parenting information, updates on parenting programmes and **Parenting Podcasts** please access the Family Information Service website

www.supportincornwall.org.uk

Solihull Approach | inourplace | Understanding your child

Access to resources about becoming a parent or being a parent from children aged 6 months to 19 years including children with additional needs and children's health and wellbeing.

Free Access Code: TAMAR

HEADSTART KERNOW Parents and carers wellbeing workshops providing support to help you navigate the journey of raising a child in a fast-changing world and to guide you to available services and support and to promote helpful conversation.

For further information please visit:

www.headstartkernow.org.uk



Parents can struggle at one time or another. You are not alone. Home-Start's volunteers work alongside families to give compassionate and confidential support. They help people to regain the confidence to be the parents they want to be.

Take a look at the website:

www.homestartkernow.org.uk

If you would like this information in another format, please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY

Email: equality@cornwall.gov.uk Telephone: 0300 1234 100



Join the Library **FREE** and download the BorrowBox app which makes it easy to browse, borrow and read or listen to your library's eBooks and eAudiobooks anywhere, everywhere.

www.citizensadvice.org.uk

Giving people the knowledge and confidence, they need to find their way forward - whoever they are, and whatever their problem - Adviceline : 0800 144 8848 or text the word ADVICE to 78866 and they will call you back within 48 hours (excluding weekends).



Video Links

Some short videos around neurodiversity

Amazing things happen:

<https://www.youtube.com/watch?v=RbwRrVw-CRo>

Can you make it to the end:

<https://www.youtube.com/watch?v=aPknwW8mPAM>

Adolescents with ADHD:

<https://www.youtube.com/watch?v=uGSHcHcVnIo>

Walk in My Shoes:

<https://www.youtube.com/watch?v=KSKvazfTLv8>

Brain & amygdala hand model

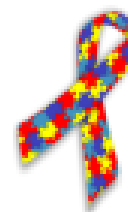
<https://www.youtube.com/watch?v=2xeDcPBD5Fk>

For more information on Neurodiversity go to:

www.adhdfoundation.org.uk

www.autism.org.uk/

www.pdasociety.org.uk





**Could you
adopt a dog
like me?**



APPLY NOW

www.channel4.com/4viewers/takepart/the-dog-house