

Newsletter

15th December 2021



Dear parents / carers,

On behalf of everyone at Camborne Nursery I would like to thank you for your support this term. We have been overwhelmed with your flexibility as we have had to change some events and routines due to high rates of COVID 19.

We hope that you have a fun-filled, healthy Christmas.

MERRY CHRISTMAS AND HAPPY NEW YEAR!



Emma (Headteacher)



FIRST DAY BACK

Our first day back after the Christmas break is Wednesday 5th January.

THANK YOU

Thank you to everyone for contributing to our Christmas raffle. We raised £110 which will be used for our children's outings, visits and treats.

FOODBANK VOUCHERS

If you are struggling over the Christmas holidays and feel you need food, the Camborne food bank is open:

Tuesday	10.00am - 4.00pm
Wednesday	5.30pm - 6.30pm
Thursday	10.00am - 12.00pm
Friday	10.00am - 12.00pm

Or you can call them on 01209 714592.

CHRISTMAS FUN

Get a FREE personalised video from Father Christmas:
<https://www.portablenorthpole.com/santa-video>

On Christmas Eve you can track Father Christmas here:
<https://www.noradsanta.org/en/>



CHRISTMAS PLAY DOUGH RECIPE

- ♦ 1 cup plain flour
- ♦ 1/2 cup of salt
- ♦ table spoon of vegetable oil
- ♦ a bit of warm water

Mix all the ingredients in a bowl....add more water or flour if too sticky or dry... then add any festive bits!

These could be:

- ♦ cinnamon
- ♦ spices
- ♦ rosemary
- ♦ glitter
- ♦ sequins
- ♦ drop of coloured paint
- ♦ ginger powder

Have fun!

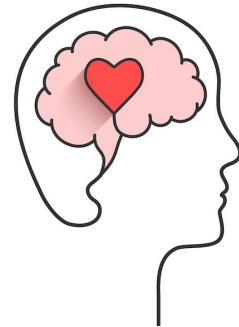


WELLBEING

It is really important as a parent to take care of yourself over the next few weeks. We are all faced with moments of stress and it is really important to have strategies to help.

Some tips to help:

- ♦ Just take 10 minutes a day to yourself
- ♦ Try to chat to a friend or family member
- ♦ Get outside for a walk or exercise
- ♦ Drink plenty of water
- ♦ Try to get a good nights sleep.



Have a look at these websites for more advice and top tips . Contact your GP if you have any concerns about your own mental health

<https://www.annafreud.org/parents-and-carers/self-care-for-parents-and-carers/>

<https://www.annafreud.org/parents-and-carers/child-in-mind/>

<https://www.mind.org.uk/coronavirus-we-are-here-for-you/>

CORONAVIRUS UPDATE

We hope that the return to Nursery on January 5th will be a Happy New Start to the Year.

We will follow any government guidelines and continue to update our risk assessment to minimise the spread of Covid 19.

You can help us to stop the spread of Covid 19 by:

- Regularly using lateral flow test (quick tests).
- Getting a PCR test if your child or yourself develop a cough, temperature, loss of taste or smell
- If someone in your household tests positive for Covid 19 the whole family must get a PCR test
- wearing face masks in busy places like shops, buses and trains.
- regularly washing your hands.

For more advice visit:

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

10 LITTLE SNOWFLAKES

One little, two little, three little snowflakes,
Four little, five little, six little snowflakes,
Seven little, eight little, nine little snowflakes,
Ten little snowflakes on my tongue! (*stick tongue out*)



One little, two little, three little snowflakes,
Four little, five little, six little snowflakes,
Seven little, eight little, nine little snowflakes,
Ten little snowflakes on my hat! (*pat head*)



One little, two little, three little snowflakes,
Four little, five little, six little snowflakes,
Seven little, eight little, nine little snowflakes,
Ten little snowflakes on my mittens! (*wiggle hands*)



One little, two little, three little snowflakes,
Four little, five little, six little snowflakes,
Seven little, eight little, nine little snowflakes,
Ten little snowflakes on my boots! (*point to feet*)

DIARY DATES

Wednesday 4th January - First day back

21st to 25th February - Half term

Monday 28th February - INSET day (nursery closed)

11th to 22nd April - Easter holidays

Monday 2nd May - Bank holiday (nursery closed)

30th May to 3rd June - Half term

Tuesday 26th July - Last day



Fun activities for everyone varying from circus skills to multi-sports and every session includes a FREE meal for all children.

Activities are taking place across Cornwall during the Christmas holidays, from December 20th - 23rd.



Find one in your area by visiting our website:
www.activecornwall.org/T2MHolidayProgramme

- Free places for **ALL** children eligible for Free School Meals
- Activities available for children aged 5-16

For more information contact:

✉ Time2Move.HolidayProgramme@cornwall.gov.uk

☎ 01872 323335





**CORNWALL
COUNCIL**
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Together 
for Families

Do you have a child born **between 1 September 2017 and 31 August 2018?**

If so, you will need to apply for a place in a reception class in September 2022 for that child by the deadline of **15 January 2022**.

Please note: you will need to apply even if your child attends a school's nursery or pre-school class. If a school is oversubscribed the fact that a child attends a school's nursery or pre-school, or a local nursery or pre-school, does not automatically guarantee a place at that school. The school's oversubscription criteria will be used to allocate places. Visit our website or contact us for more information.

Visit www.cornwall.gov.uk/admissions for more information and to access the online application system

Need help with your application?

Contact the Family Information Service on **0800 587 8191**

The
deadline for
applications is
**15 January
2022**

