

Newsletter

26th February 2021

Monday 1st March is an INSET day. The nursery will be closed.

Hi everyone

The sun has been out and the children have been very busy looking at minibeasts, planting seeds and playing with our friends. Spring is definitely around the corner. We look forward to happier times.

There is some new guidance from the DfE for parents. This may help with any families with children returning to primary or secondary school.

[What parents and carers need to know about early years providers, schools and colleges](#)

Some parents decided to keep their children at home during this third national lockdown. Camborne Nursery school is open as usual and if you decide that you want to send your child back to Nursery please contact Debbie on 01209 713607 or email secretary@camborne-nursery.cornwall.sch.uk

On Thursday 4th March it is World Book Day. We will be reading lots of stories in the classrooms and the children will each get a book to take home.

Last summer we celebrated a different book every week and we shared it on our website. Under the "Latest News" section you will find lots of book related activities and videos of Chana reading our favourite stories.



Coronavirus advice

The single most important action we can all take is to **stay at home** to protect the NHS and save lives. If you need to book a test you can call 119 or go to: <https://www.gov.uk/get-coronavirus-test>

At nursery please remember to stay 2 metres apart from each other when dropping off and picking up, and can you please wear a mask. We have staggered start/pick up times so please try not to arrive early for your child's session to allow each class to social distance effectively.

Top ideas to have fun with toy cars, lorries or trains

- Talk about the details on the cars....lights, doors, number plates. Look for them on real cars when you are out and about.
- Build a tunnel out of cushions or cardboard boxes.
- Make a ramp out of a breadboard or chopping board.
- Count how many cars can fit in a shoe box.
- Draw a road or parking spaces with chalks outside.
- Make tracks in mud, playdough or paint.



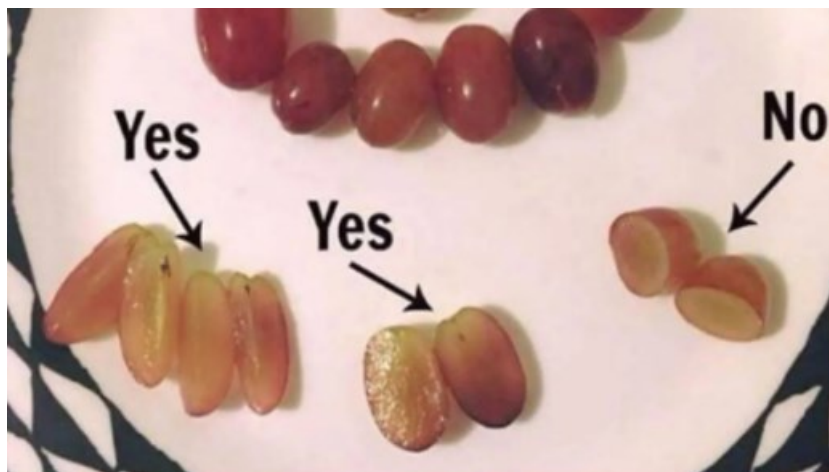
1, 2, 3, 4, 5, Once I caught a fish alive

One, two, three, four, five,
Once I caught a fish alive.
Six, seven, eight, nine, ten,
Then I let it go again.
Why did you let it go?
Because it bit my finger so.
Which finger did it bite?
This little finger on the right.



Packed lunches

If your child brings a packed lunch into nursery and you give them grapes can you please cut the grapes lengthways. This is to avoid them choking.



Help with household costs

If you are in need of some financial help you may be eligible for a Winter Covid Grant of up to £1500. This could help with things such as:

1. Food
2. Energy and water bills for household purposes (including drinking, washing, cooking, central heating, and sanitary purposes) and sewerage.
3. Other essentials (including sanitary products, warm clothing, soap, blankets, boiler service/repair, purchase of equipment including fridges, freezers, ovens, etc.)

For items relating to home heating such as fuel bills or breakdown in heating equipment such as oil tanks or boiler repair please contact Community Energy Plus by emailing advice@cep.org.uk or phoning [0800 954 1956](tel:08009541956).

For help with food and other essential household items visit:

<https://www.cornwall.gov.uk/advice-and-benefits/benefits/crisis-and-care-awards/>

If you need help with this please contact Debbie or Emma on 01209 713607.

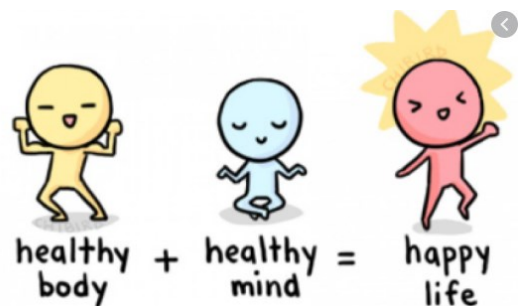
If you are struggling with food costs or running out of food at the end of the week, Camborne food bank is happy to help. Just ask Emma for a voucher or let her know if you need help. Call 01209 713607 or speak to Carrie, Tamsin or Katie.

Look after yourself

Ideas to keep your mind healthy

<https://mindyourway.co.uk/creative-ideas/>

- 1) Be active
- 2) Chat to a friend or family member
- 3) Have time to relax or time to yourself



Get your own personal wellbeing plan

<https://www.nhs.uk/oneyou/every-mind-matters>

Easy to use app with quick 10 minute activities to keep you well.

It is really important that you look after yourself. As a parent you need to take time for yourself even if its just ten minutes a day. Be kind to yourself and give yourself permission to relax.

<https://www.annafreud.org/parents-and-carers/self-care-for-parents-and-carers/>

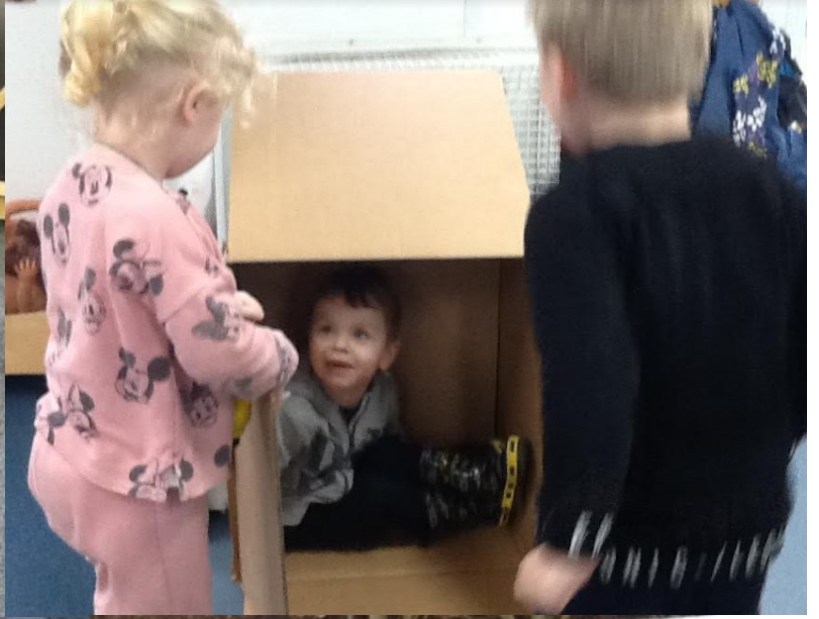
Carrie's class



Tamsin's class



Katie's class





DIARY DATES

Monday 1st March - INSET day

2nd to 16th April - Easter holidays

Monday 3rd May 2021 - Bank holiday

Tuesday 4th May 2021 - INSET day

31st May to 4th June - Half term

Friday 23rd July - Last day of the school year

September 2020					
Mon		7	14	21	28
Tue	1	8	15	22	29
Wed	2	9	16	23	30
Thurs	3	10	17	24	
Fri	4	11	18	25	
Sat	5	12	19	26	
Sun	6	13	20	27	

October 2020					
Mon		5	12	19	26
Tue		6	13	20	27
Wed		7	14	21	28
Thurs	1	8	15	22	29
Fri	2	9	16	23	30
Sat	3	10	17	24	31
Sun	4	11	18	25	

November 2020					
Mon		2	9	16	23 30
Tue		3	10	17	24
Wed		4	11	18	25
Thurs		5	12	19	26
Fri		6	13	20	27
Sat		7	14	21	28
Sun	1	8	15	22	29

December 2020					
Mon		7	14	21	28
Tue	1	8	15	22	29
Wed	2	9	16	23	30
Thurs	3	10	17	24	31
Fri	4	11	18	25	
Sat	5	12	19	26	
Sun	6	13	20	27	

January 2021					
Mon		4	11	18	25
Tue		5	12	19	26
Wed		6	13	20	27
Thurs		7	14	21	28
Fri	1	8	15	22	29
Sat	2	9	16	23	30
Sun	3	10	17	24	31

February 2021					
Mon	1	8	15	22	
Tue	2	9	16	23	
Wed	3	10	17	24	
Thurs	4	11	18	25	
Fri	5	12	19	26	
Sat	6	13	20	27	
Sun	7	14	21	28	

March 2021					
Mon	1	8	15	22	29
Tue	2	9	16	23	30
Wed	3	10	17	24	31
Thurs	4	11	18	25	
Fri	5	12	19	26	
Sat	6	13	20	27	
Sun	7	14	21	28	

April 2021					
Mon		5	12	19	26
Tue		6	13	20	27
Wed		7	14	21	28
Thurs	1	8	15	22	29
Fri	2	9	16	23	30
Sat	3	10	17	24	
Sun	4	11	18	25	

May 2021					
Mon		3	10	17	24 31
Tue		4	11	18	25
Wed		5	12	19	26
Thurs		6	13	20	27
Fri		7	14	21	28
Sat	1	8	15	22	29
Sun	2	9	16	23	30

June 2021					
Mon		7	14	21	28
Tue	1	8	15	22	29
Wed	2	9	16	23	30
Thurs	3	10	17	24	
Fri	4	11	18	25	
Sat	5	12	19	26	
Sun	6	13	20	27	

July 2021					
Mon		5	12	19	26
Tue		6	13	20	27
Wed		7	14	21	28
Thurs	1	8	15	22	29
Fri	2	9	16	23	30
Sat	3	10	17	24	31
Sun	4	11	18	25	

August 2021					
Mon		2	9	16	23 30
Tue		3	10	17	24 31
Wed		4	11	18	25
Thurs		5	12	19	26
Fri		6	13	20	27
Sat		7	14	21	28
Sun	1	8	15	22	29

#CETHESIGNS

TRAVELLING
ALONE LATE
AT NIGHT?



LOOKING LOST OR
IN UNFAMILIAR
SURROUNDINGS?



CARRYING MORE
THAN ONE PHONE?

Delivered



CARRYING
LOTS OF CASH?



POTENTIALLY UNDER
THE INFLUENCE OF
DRUGS OR ALCOHOL?

DO YOU CE THE SIGNS OF CHILD EXPLOITATION?

Exploited children and young people don't always behave like victims, but there are some key signs to look out for that can tell us they might be in danger.

If you're worried about a child or young person, it's important that you tell us.

Contact the Multi-Agency Referral Unit today on **0300 123 1116**

or email multiagencyreferralunit@cornwall.gov.uk

Please dial **999** if the situation is an emergency.

#CEtheSigns. Think exploitation.

clossafeguarding.org.uk/cethesigns

