

## Newsletter

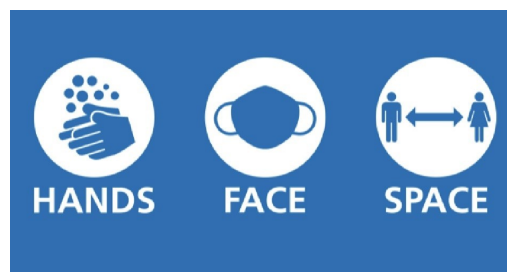
8th January 2021

We would like to thank you for all your support during the third National Lockdown.

Here at Camborne Nursery School we are open and putting in place protective measures to ensure all staff, children and families are safe. We are following government guidelines.

We know that you too will be:

- Keeping indoors
- Staying apart
- Wearing masks
- Washing hands
- Getting a test if you have Covid 19 symptoms



If you need any childcare over the next few weeks please contact us on 01209 713607 or email [secretary@camborne-nursery.cornwall.sch.uk](mailto:secretary@camborne-nursery.cornwall.sch.uk)

We will be contacting you all by phone and email over the next few weeks.

Thank you for your huge support.

Together we will get through this.

Look after yourself and your families.

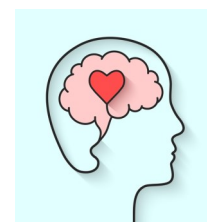
### LOOK AFTER YOURSELVES

There are many ways to help yourself. Here are some amazing apps.

<https://www.nhs.uk/apps-library/category/mental-health/>

If you need any help contact us on 01209 713607 or [secretary@camborne-nursery.cornwall.sch.uk](mailto:secretary@camborne-nursery.cornwall.sch.uk)

One of us will get back to you if you leave a message.



## CORONAVIRUS ADVICE

You must stay at home. The single most important action we can all take is to stay at home to protect the NHS and save lives.

You should follow this guidance immediately. This is [the law](#).

<https://www.gov.uk/guidance/national-lockdown-stay-at-home>

<https://www.cornwall.gov.uk/health-and-social-care/public-health-cornwall/information-about-coronavirus-covid-19>



## DO I NEED TO GET TESTED FOR CORONAVIRUS?

Most people with the virus have at least one of these symptoms:

- A fever
- A new, continuous cough
- A loss of sense of taste or smell



If you are unsure you can use the [NHS Coronavirus online symptom checker](#), or call 111.

If you think you have symptoms you should stay at home and isolate and only leave home to get a test. You should isolate for 10 days.

If you are self-isolating or in quarantine, having been in contact with somebody positive, then a negative test result does not mean you can end isolation early.

## WHAT CAN WE DO AT HOME?

Many of you felt it was safer to keep your child at home. We will be supporting you with activities to do with your child. Carrie, Tamsin and Katie will contact you next week with ideas and fun activities to help you learn through play with your child.

Here are some top tips that you suggested last time:

- Get them to help with preparing food.
  - Cutting bananas
  - Chopping cucumber
  - Spreading spread on toast
- Play alongside.
  - Let them show you their best toys
  - Give them 10 minutes of your time
  - Watch them play and have fun
- Get outside.
  - Collect sticks and talk about "bigger, biggest...."
  - Jump in puddles
  - Count objects you see (cats, birds, trees, red cars...)
  - Mix a magic potion with leaves, mud, stones...
  - Look for ice, frost, and sunshine

Great activities for you and your child on the link below.

<https://hungrylittleminds.campaign.gov.uk/>

## DIARY DATES

15th to 19th February - Half term

Monday 1st March - INSET day

2nd to 16th April - Easter holidays

Monday 3rd May 2021 - Bank holiday

Tuesday 4th May 2021 - INSET day

31st May to 4th June - Half term

Friday 23rd July - Last day of the school year

| September 2020 |   |    |    |    |    |  |
|----------------|---|----|----|----|----|--|
| Mon            |   | 7  | 14 | 21 | 28 |  |
| Tue            | 1 | 8  | 15 | 22 | 29 |  |
| Wed            | 2 | 9  | 16 | 23 | 30 |  |
| Thurs          | 3 | 10 | 17 | 24 |    |  |
| Fri            | 4 | 11 | 18 | 25 |    |  |
| Sat            | 5 | 12 | 19 | 26 |    |  |
| Sun            | 6 | 13 | 20 | 27 |    |  |

| October 2020 |   |    |    |    |    |  |
|--------------|---|----|----|----|----|--|
| Mon          |   | 5  | 12 | 19 | 26 |  |
| Tue          |   | 6  | 13 | 20 | 27 |  |
| Wed          |   | 7  | 14 | 21 | 28 |  |
| Thurs        | 1 | 8  | 15 | 22 | 29 |  |
| Fri          | 2 | 9  | 16 | 23 | 30 |  |
| Sat          | 3 | 10 | 17 | 24 | 31 |  |
| Sun          | 4 | 11 | 18 | 25 |    |  |

| November 2020 |   |   |    |    |    |    |
|---------------|---|---|----|----|----|----|
| Mon           |   | 2 | 9  | 16 | 23 | 30 |
| Tue           |   | 3 | 10 | 17 | 24 |    |
| Wed           |   | 4 | 11 | 18 | 25 |    |
| Thurs         |   | 5 | 12 | 19 | 26 |    |
| Fri           |   | 6 | 13 | 20 | 27 |    |
| Sat           |   | 7 | 14 | 21 | 28 |    |
| Sun           | 1 | 8 | 15 | 22 | 29 |    |

| December 2020 |   |    |    |    |    |  |
|---------------|---|----|----|----|----|--|
| Mon           |   | 7  | 14 | 21 | 28 |  |
| Tue           | 1 | 8  | 15 | 22 | 29 |  |
| Wed           | 2 | 9  | 16 | 23 | 30 |  |
| Thurs         | 3 | 10 | 17 | 24 | 31 |  |
| Fri           | 4 | 11 | 18 | 25 |    |  |
| Sat           | 5 | 12 | 19 | 26 |    |  |
| Sun           | 6 | 13 | 20 | 27 |    |  |

| January 2021 |   |    |    |    |    |  |
|--------------|---|----|----|----|----|--|
| Mon          |   | 4  | 11 | 18 | 25 |  |
| Tue          |   | 5  | 12 | 19 | 26 |  |
| Wed          |   | 6  | 13 | 20 | 27 |  |
| Thurs        |   | 7  | 14 | 21 | 28 |  |
| Fri          | 1 | 8  | 15 | 22 | 29 |  |
| Sat          | 2 | 9  | 16 | 23 | 30 |  |
| Sun          | 3 | 10 | 17 | 24 | 31 |  |

| February 2021 |   |    |    |    |  |  |
|---------------|---|----|----|----|--|--|
| Mon           | 1 | 8  | 15 | 22 |  |  |
| Tue           | 2 | 9  | 16 | 23 |  |  |
| Wed           | 3 | 10 | 17 | 24 |  |  |
| Thurs         | 4 | 11 | 18 | 25 |  |  |
| Fri           | 5 | 12 | 19 | 26 |  |  |
| Sat           | 6 | 13 | 20 | 27 |  |  |
| Sun           | 7 | 14 | 21 | 28 |  |  |

| March 2021 |   |    |    |    |    |  |
|------------|---|----|----|----|----|--|
| Mon        | 1 | 8  | 15 | 22 | 29 |  |
| Tue        | 2 | 9  | 16 | 23 | 30 |  |
| Wed        | 3 | 10 | 17 | 24 | 31 |  |
| Thurs      | 4 | 11 | 18 | 25 |    |  |
| Fri        | 5 | 12 | 19 | 26 |    |  |
| Sat        | 6 | 13 | 20 | 27 |    |  |
| Sun        | 7 | 14 | 21 | 28 |    |  |

| April 2021 |   |    |    |    |    |  |
|------------|---|----|----|----|----|--|
| Mon        |   | 5  | 12 | 19 | 26 |  |
| Tue        |   | 6  | 13 | 20 | 27 |  |
| Wed        |   | 7  | 14 | 21 | 28 |  |
| Thurs      | 1 | 8  | 15 | 22 | 29 |  |
| Fri        | 2 | 9  | 16 | 23 | 30 |  |
| Sat        | 3 | 10 | 17 | 24 |    |  |
| Sun        | 4 | 11 | 18 | 25 |    |  |

| May 2021 |   |   |    |    |    |    |
|----------|---|---|----|----|----|----|
| Mon      |   | 3 | 10 | 17 | 24 | 31 |
| Tue      |   | 4 | 11 | 18 | 25 |    |
| Wed      |   | 5 | 12 | 19 | 26 |    |
| Thurs    |   | 6 | 13 | 20 | 27 |    |
| Fri      |   | 7 | 14 | 21 | 28 |    |
| Sat      | 1 | 8 | 15 | 22 | 29 |    |
| Sun      | 2 | 9 | 16 | 23 | 30 |    |

| June 2021 |   |    |    |    |    |  |
|-----------|---|----|----|----|----|--|
| Mon       |   | 7  | 14 | 21 | 28 |  |
| Tue       | 1 | 8  | 15 | 22 | 29 |  |
| Wed       | 2 | 9  | 16 | 23 | 30 |  |
| Thurs     | 3 | 10 | 17 | 24 |    |  |
| Fri       | 4 | 11 | 18 | 25 |    |  |
| Sat       | 5 | 12 | 19 | 26 |    |  |
| Sun       | 6 | 13 | 20 | 27 |    |  |

| July 2021 |   |    |    |    |    |  |
|-----------|---|----|----|----|----|--|
| Mon       |   | 5  | 12 | 19 | 26 |  |
| Tue       |   | 6  | 13 | 20 | 27 |  |
| Wed       |   | 7  | 14 | 21 | 28 |  |
| Thurs     | 1 | 8  | 15 | 22 | 29 |  |
| Fri       | 2 | 9  | 16 | 23 | 30 |  |
| Sat       | 3 | 10 | 17 | 24 | 31 |  |
| Sun       | 4 | 11 | 18 | 25 |    |  |

| August 2021 |   |   |    |    |    |    |
|-------------|---|---|----|----|----|----|
| Mon         |   | 2 | 9  | 16 | 23 | 30 |
| Tue         |   | 3 | 10 | 17 | 24 | 31 |
| Wed         |   | 4 | 11 | 18 | 25 |    |
| Thurs       |   | 5 | 12 | 19 | 26 |    |
| Fri         |   | 6 | 13 | 20 | 27 |    |
| Sat         |   | 7 | 14 | 21 | 28 |    |
| Sun         | 1 | 8 | 15 | 22 | 29 |    |